

About Ayat and the formula

Technique

We walked through life like children lost on a strange street, looking around in fear, without having any idea about what would happen to us a minute later in anticipation of some unknown danger which deprived us of the ability to soberly assess the things happening around. The enemy that we neither saw nor understood but whose threat we constantly felt with our heart, would hide around every corner, would hide in the things most innocent to us at first glance and would reveal himself at times when we were least prepared to face him.

In childhood, the firm, strong hands of father and the sensitive, tender palms of mother would serve as our support. But as we grew older we would distance ourselves from them feeling from year to year that this support was becoming not that reliable and that it was quite possible to do without it. And we would continue living without it, but the fear would persist. Multifaced and incessant, it would exert its relentless pressure on us, covertly destroying the most exquisite and beloved creation of Sozdatel that a human is until it was perceived even as something normal.

Does one not find unnatural the fact of some special state which a human used to living in eternal fear enters if in his life there is finally a light strip, there shows through a ray of light, a moment of quietness and balance?

We think, “No, this is something abnormal. This is not possible. Something bad will necessarily happen soon”. How much time and effort does it actually take to drive people into this kind of state?

In childhood, we suffer from the fear of punishment although it does not always come or start obsessing, “What if they don’t buy me a new toy?” When we grow up the fear changes faces, “What if my girlfriend cheats on me?”, “What is going to happen if I don’t enter the university?”, “And what if I face physical abuse in the army?”. In our mature years we are afraid of quitting the job we loathe in fear of not finding a new one, “What am I going to live on? How to support my family, to provide clothes and food for the children?” We go to a school meeting and think, “What if bad words are said about my child?”

Somewhere in another part of the globe a war begins and we knowing that no bombs will drop on our house nevertheless turn apprehensive, “What if prices for this and that rise as a result?”

Sometimes the fear becomes so flexible that by easily transcending time it torments us by being expressed though something we could have experienced only in childhood. For example, late at night we open a door to our lobby and see that the light bulb is broken. What is out there in the dark? What if someone is hiding in there and will attack me once I make just another careless step? And the light bulb is broken intentionally so that we would, one way or another, have to step in the dark but already without any protection. In short, our thoughts now take the same turn as they used to in our childhood when for one or another reason we would have to enter a dark room.

And as much as “strong” people keep talking about their personal courage and absolute fearlessness, we can as well smile with irony in response to their words. A different thing is that by willful exertion they can suppress their fear for some time when it prevents their achieving a certain goal. But who can tell for sure whether his heart did not shrink painfully in fear of a fatal ending while he was doing this?

We live in fear and die in fear and more and more often reminisce about childhood and realize that there were immeasurably fewer of those fears back then, and they did not have such power over us. They could be simply and easily forgotten for it was only necessary to feel just one single touch of mother or an encouraging smile of father.

The fear constantly surrounds us revealing itself every minute in the things most innocent to our eye. I should say the following to the sceptic. At three o’clock at night, you get a phone call. Whose heart will joyfully beat at the thought “Maybe it is some close friend who unexpectedly came to town and is calling straight from the train station?” No! It will shrink painfully, “Something has happened!”

Look around. People walk the street separated from each other by an impenetrable mask and as if apprehending some unavoidable danger ahead give their faces a firm, resolved look well in advance as if saying, “You’d better not come close!”

And then once again the same thought comes to mind: “Wasn’t it too early for us to break free from the care of

our parents?” But time has passed and they are long gone or overtaken by age and illnesses they are no longer in a position to help us.

Decades go by but we remain children all the same. We keep seeking support and protection in someone who is immeasurably stronger than us and is more accustomed to the ceaseless hostility of the outside world. And when the tedious search is nearing its end evidently with no results yet same as in the very beginning we turn in despair and helplessness to the invisible but granting one last hope, numerous “saviors of the humankind”. We come to the gold-headed domes of the Orthodox Church, to the towers of minarets pointed to the skies, to the tile roofs of eastern pagodas and it first seems like we regained the tranquillity we’d once lost. But time passes and the fire of ardent prayers instead of bringing the desired relief begins to burn us with some long-forgotten pain coming from the very depths of the cellular memory. Something that has for ages been at rest within us springs back to life and screams in an offended tone of the child deceived by the dumb adults, “No! This is not true. Here, under the domes designed to hold power enlightened in millennia there should not be any avarice, want of possessions, or hypocritical, kowtowing priests obsessing about the eternal struggle for the right to be the first on the very top of the career ladder and hierarchy”. We start changing religions, movements, but all in vain – it is all the same everywhere.

Utterly dissuaded, coming to a natural conclusion that in this world we can rely only on ourselves alone we try to develop the necessary qualities that provide support and assistance. But how to do that without having any appropriate guidance in the unknown sphere of the deeply subconscious? Then we turn to all sorts of psychical techniques and methods, again and again putting our trust in the endless succession of insincere “teachers” with an openness of a child. And only when convinced in the materialism of the interests held by the majority of those we stop not knowing what further action to take.

In this most conflicting moment for every person the most important thing occurs. In light of the expired, gradually closing programmes that have been leading us for a long time in the hopeless spiritual search, a new one opens up that is of critical significance to the entire life to follow. An unexpected indication comes in the form of such a simple and obvious thought that we are surprised why we have not come to realise that before. Remember how hard it was for us to conceive of the infinity of the universe when we were in primary school. We thought, “Well, here it goes, expands in all directions, continues, and there should be an edge somewhere, right?” with some visualising it as a ditch and others as a fence. And what is further out there? Beyond the fence? So now a thought first crosses our mind, “Is god supreme? Even if to imagine for a second that he has created the skies and the earth then who has created the god himself?”

From our past experience we know that as a result of some concrete invisible flow, EGREGOR, there exist prayers, mantras, etc. But if there exist the one who created all those gods, the Only Real Creator/Sozdatel of all Existence, our Father, in whom we can find powerful support, then how to contact him?

For this purpose there exists a so-called Formula of Life. It was given to us by Sozdatel himself so that by addressing higher powers we no longer confuse the numerous alien flows of all sorts of intermediaries. At first sight this may seem as a strange collection of words and digits where every sign has its unique meaning and when put together in a certain sequence they provide a direct and precise connection with Sozdatel. When written on paper, it looks like this:

Here Uigur alphabet is being used and now look at what happens if we pronounce the formula out loud:

Ah-l-Yah Nina Ah-na Soz-dah-tyel Farhat Ata

Ah-l-Yah Ayat 37 40 6 8 10

Ah-l-Yah L-yah-zot Syeh-lyen-noy

Ah-l-Yah Ooy-gur Ayat Ah-l-Yah

[Click here to heard the formula online](#)

Pay special attention to several important conditions which should necessarily be taken into account when writing the formula:

1. Letter “r” should be always handwritten in accordance with the rules of the Russian language.

2. The dash crossing over digit “7” and placed above letter “й” is excluded.

Thus, the Formula is before your eyes and now set to decipher it let us start from the very first line.

алля – baby.

Создатель – such variations as “creator of a methodology, teaching”, etc. we shall not consider. The word Sozdatel sounds here precisely and unambiguously, as the Creator of All Existence.

Фархат дада – sometimes written and pronounced as “Farhat ata” which is also a correct way. Abdullaev Farhat Muhamedovich is a real person living in the district centre Chundja of the Uigur district of Almaty oblast.

Нина ана – Nina Mother, the wife of Farhat dada.

Аят – energy flow of the Sun regulated by Sozdatel. Monthly Ayats on the 1st and the 18th in all cities and countries where the disciples of Farhat dada gather. Medication- and ailment-free life.

37 – year in which Farhat dada was born.

40 – year in which Nina ana was born.

6 – six children.

8 – infinity, composition of family, united power of Nina ana, Farhat dada and the six children.

10 – the Power of Sozdatel. 1 – is him alone, the first; 0 – the Sun.

ЛЯЗЗАТ – Love.

Селенная – Area of Pure Consciousness.

Уйгур – New brain, New civilisation.

And now let us touch upon the separate fragments of the formula in more detail.

Sozdatel Farhat dada. Sometimes it is asked, “It can be admitted that Farhat dada being part of the Universe’s hierarchy, came to Earth to care for people’s health. But how to accept the thought that he is the Creator of All Existence?” We shall also foresee the surprise as to the fact that the word Sozdatel (as it is deciphered here) comes before the name of Farhat dada and thus is directly related to it. Such surprise arises, in the first place, because people with closed plus programmes like you and me find it hard to imagine the Creator of All Existence in the physical image of a human so common to us. It would be much easier to imagine him in the image of some energy substance of colossal capacity encompassing a multitude of qualities unknown to us. And now imagine that at the will of Sozdatel some energy-inclusive part of this substance is directed to a concrete point in space in execution of a certain task. Another one goes into a different direction, still another into the other direction, etc. It is quite obvious that any of them may in their own right claim to be called Sozdatel of All Existence. Exactly such a part of Universe’s energy is now on Earth represented in the physical body of a human whom people recognise under the name Farhat ata.

Selennaya. People are convinced that there is nothing higher than cosmos. In fact, there also exists the so-called upper space or the Area of Pure Consciousness inaccessible to any form of negative energy. This is a Zone of Sozdatel’s Operation where on the borderline with cosmos everything alien, hideous and chaotic is being burned and when transformed acquires new characteristics, this time with a plus accent. Here is where the motherly Sun of the Suns is which gives initial energy to all the Suns of countless galaxies and universes. This is part of world creation, presiding over and governing everything expressed and unexpressed. The slightest gust of air on Earth and the movement of enormous cosmic objects all take origin here and is governed from here by the Will of Sozdatel. There where under the influence of processes whose capacity exceeds in billion times the nuclear energy well-known to us, the Will of Sozdatel remains the Only Stable and Unflinching One.

ЭЛЛЭ. As you can see this words is used in the Formula of Life more often than any other and thus becomes one of the key, the most important of its parts. This is an eternal rendition to us so that we always remember and never forget who we really are. A true baby, a creature untouched by the destructive impact of razum, is fully open to vibrations of all light and pure, knowing Everything about Everything. Such we used to be and should become now. Many psychical techniques suggest using a mental image of a baby for the removal of old psychological blocs. That is, it is necessary to clearly visualise yourself as a baby.

The conception of Farhat dada is difference in that he offers not to imagine oneself to be a baby but to become one at least partially. Only a baby possesses the full range of open capabilities originally granted him by

Sozdatel. This is the highest standard to which we aspire to return, the most pressing concern and the primary task facing us these days. Let me bring an example which may at first appear rather “lightweight” but precisely the one providing the clearest reflection of the essence of the issue.

The story I am going to share with you is probably familiar or may have happened once or twice to each of you. You are in great trouble. You are agitated, concerned and think, “If only everything could be different!” How different? And before your mind’s eye there unravels a series of events where there is the same situation as well as the same people but they act in a different way. And you reconsider your plans just in time not to take the fatal step that has brought you to such an unfavourable outcome. And needless to say, we devote a significant amount of time to the replay of this “film”. You think that all this exists only in your imagination? Not at all! At that time we are present in one of the numerous worlds close to the given situation (for convenience you may call them parallel worlds) as real as the earthly world around us. Perhaps, you have been to one of them once, say, on a permanent residence and when seeing the scenes from the early life from time to time you would say, “This exists only in my imagination!” Understand one thing! In the head of even the most sophisticated fantasiser, there never can appear anything that has not yet happened in one of the spatial points of the world creation. This is exactly why there are numerous cases when there appears a brand new scientific breakthrough and it turns out that it has already been described in great detail in the work of some science fiction writer.

Children in their games constantly travel in those worlds by easily and simply crossing the invisible borders separating them. When adults at least partially become kids again they are transferred to the world of fantasies that acquires the features of a new reality.

History saw many cases in which at encountering a danger threatening one’s life neither a wild raptor nor a poisonous snake could do any harm to little kids as their protection was flawless. What does a Christian do when in trouble? He utters, “Save me, Lord!” and he shall in turn see whether or not to save. When you say, “ЭЛЛЭ ЛЯЗЗАТ СЕЛЕННОЙ— Ellya Lyazzat Selennoj”– Baby of Love of Universe, when you call yourself by that name, the very Universe itself whose power is immeasurably more intense than any of those known before, as a caring mother takes you by your hand and leads through the life protecting from injuries and falls.